





Day	Date	Activity	Location
1	WED 28 Feb	Arrive in New Delhi, transfer to hotel, welcome/orientation dinner. Please ensure you arrive at the hotel by 3pm to settle into your room in time for the orientation dinner and yoga.	New Delhi
2	THUR 1 Mar	We will travel by train and taxi to our hotel in Laxman Jhula, Rishikesh. In the afternoon we will explore local village area, followed by yoga and dinner.	Rishikesh
3 - 5	FRI 2 Mar - SUN 4 Mar	Over these three days we will discover the holy village of Rishikesh, participate in "Holi" - the hindu celebration of colour throwing, attend the Rishikesh International Yoga Festival, visit Mother Miracle School for impoverished children and explore the local area, taking in the famed "Beatles Ashram" and a sunrise trek down from Kunja Puri Temple high in the mountains and do lots of yoga. Our exact itinerary for these few days will be dependant on the International Yoga Festival's itinerary, to be released towards the end of 2017.	Rishikesh
6	MON 5 Mar	We will travel by train to Agra, arriving at our homestay accommodation in the afternoon, followed by a delicious traditional dinner with our host family and an optional yoga class.	Agra
7	TUE 6 Mar	We will take an early morning stroll to the majestic Taj Mahal and watch as it is bathed in the morning light. We will enjoy a traditional breakfast at our homestay followed by a tour of the great Agra Fort and lunch at the Sheroes Hangout. Our afternoon will be reserved for relaxation, chai and yoga, followed by dinner.	Agra
8	WED 7 Mar	An early morning train will have us arrive in Jaipur in time for lunch at our beautiful heritage style hotel. In the late afternoon we will visit Giltagi ("the monkey temple") and the Surya Devji (Sun God) Temple, from where we will watch the sun set over the city of Jaipur, followed by dinner before returning to our hotel.	Jaipur
9	THUR 8 Mar	After breakfast we will take a guided tour of the ancient Pink City, City Palace, Hawal Mahal and Janta Manta, followed by some shopping at local handicraft stores and lunch. We will then carry on to Ladli - educational training centre for women and children, followed by personal time or yoga and dinner at our hotel while we watch cultural dance performance on the beautiful rooftop.	Jaipur
10	FRI 9 Mar	Today we take in a guided tour of the awe-inspiring Amber Fort, followed by lunch at the Anokhi cafe and time to shop at the Anokhi emporium, where you will find exquisite cotton clothes and manchester printed using the traditional block print method and natural dyes. In the afternoon we will enjoy some fee time and yoga followed by dinner.	Jaipur
11	SAT 10 Mar	We end our tour of Jaipur with a visit to the Elephantastic elephant rescue centre, an afternoon yoga class and dinner and a cultural show at Chokhi Dhani.	Jaipur
12	SUN 11 Mar	We will travel back to Delhi this morning. In the afternoon we will explore some of the streets and sights of Old Delhi, followed by a farewell dinner on the roof top of our stunning traditional haveli Hotel. This is the last night of our tour and guest may leave the following day at leisure.	Delhi

Please note that while yoga is scheduled for each day of the tour, there may be days where due to travel and time constraints a lead yoga class is not possible.



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