



MAKE A DIFFERENCE  
TOURS  
INDIA  
DOSSIER



# INDIA

MAD TOURS



Make A Difference Tour with Yoga by Michelle Cassidy

*See the world. Be inspired. Change lives... Make A Difference.*

## OVERVIEW

**Duration:** 12 days / 11 nights

**Dates:** 6th - 17th March 2020

**Cost:** AUD \$3090 (deposit \$1000)

**Start:** New Delhi, India

**Finish:** New Delhi, India

**Route:** New Delhi > Rishikesh > Jaipur > Agra > New Delhi

**Group size:** max 10 people

**Guides:** Radha Melis,  
Michelle Cassidy & local Indian  
guides for monuments

**Yoga Teacher:** Michelle Cassidy

**Transport:** train, taxi, domestic  
flight and auto rickshaw

**Accommodation:** Twin Share in  
Hotels & Homestay

## WHAT'S INCLUDED

All accommodation, all breakfasts,  
1 lunch, 4 dinners, all airport  
transfers, trains, taxis & auto  
rickshaws for all scheduled  
activities, donations for all charity  
visits, fees for all scheduled sights  
& activities, western guide &  
western yoga teacher for duration  
of tour, local english speaking  
guides for sights and monuments.

## WHAT'S NOT INCLUDED

International Flights, Domestic  
Flight Rishikesh - Jaipur, visa,  
travel insurance, some meals &  
shopping purchases.

Make A Difference Tours is social enterprise, donating 100% of our profits to improving the future of underprivileged women and children in India by providing educational funding and mentorship. Make A Difference Tours is a small, hands on organisation dedicated to long term sustainable outcomes. By joining a MAD Tour, you are choosing to embark on a journey that will be life changing and enriching not just for yourself, but also for women and children who have hopes and dreams just like you!

## HIGHLIGHTS

- Yoga daily with Michelle Cassidy
- Holi Festival of Colours
- Ganga Aarti (Hindu Holy River Ceremony)
- Sunrise Temple Trek - Himalayan Foothills
- The Beatles Ashram
- Sheroes Hangout - Stop Acid Attack Movement
- Jaipur the Palace + Pink City
- Janta Manta - Ancient Astrology Calculation Centre
- Amber Fort Palace
- Elephant Sanctuary - Wash & Feed Elephants (no riding)
- All profits support the Make A Difference education fund for underprivileged children in India
- Mother Miracle - School for Underprivileged Children
- Taj Mahal



# days one - five

Rishikesh, Holi Festival, Beatles Ashram and Mother Miracle School



Our journey will begin in the hustle and bustle of New Delhi before commencing our train journey to the lush foothills of the Himalayas, staying in a village near the holy city of Rishikesh. From our boutique hotel we look out over the Himalayan mountains where the great spiritual figures of India's mystical past once walked. Here people come from all over the world in search of the meaning of life, making Rishikesh the modern "Yoga Capital of The world"! While in Rishikesh we will celebrate the Hindu spiritual festival Holi, also known as "the festival of colours", we will visit the "The Beatles Ashram", where The Beatles themselves retreated in the late 60s in search of spiritual meaning and where they famously wrote "the white album". We will watch the sun rise across the Himalayan mountain peaks from Kunjapuri Temple, set high in the mountains, then hike down the range back to Rishikesh through the lush valley, resting at a small waterfall along the way. We will do lots of yoga and most importantly, we will visit the first of our non-for-profit organisations: Mother Miracle - a school for impoverished children, working to break the cycle of poverty. Here you will have the opportunity to meet our sponsor child - the included donations within your tour cost will collectively be used to sponsor a child's education at Mother Miracle for a year.

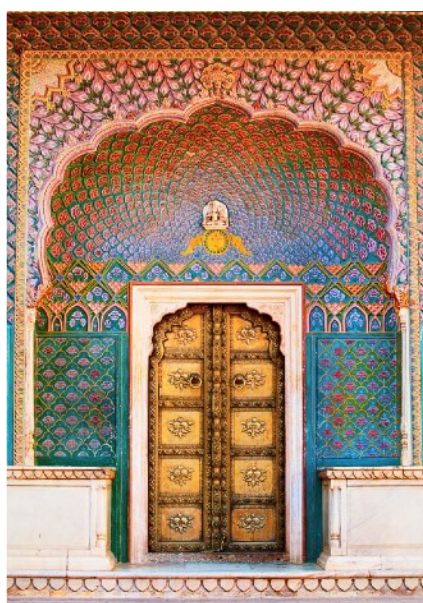


# days six - ten

Jaipur, Pink City, Amber Fort and Elephantastic



Making our way from the Himalayan Foothills back down onto the desert plains of Rajasthan, we come to the vibrant city of Jaipur, famous for its beautiful handicrafts, textiles, jewellery, gems, trinkets and antiques. After settling in to our beautiful Heritage hotel we will spend the next few days seeking out the cultural treasures of Rajasthan as we explore the historical landmarks, markets and temples scattered across the 'Pink City'. Visiting the awe inspiring Amber Fort, City Palace and more, we will learn about the majestic history of this fabled capital of the Rajput kings. We will enjoy rooftop yoga and dining and watch a Rajasthani cultural performance. Then, before returning home, what better way to finish up than with a visit to the Elephantastic elephant rescue centre, where those up for the challenge will get a chance to bathe, feed and ride an Indian elephant! All while helping to support the ongoing care and rescue of elephants in need. We will conclude our tour of Jaipur with one final stop at the awe-inspiring Chand Baori, the largest step well in India. Then, on toward Agra!

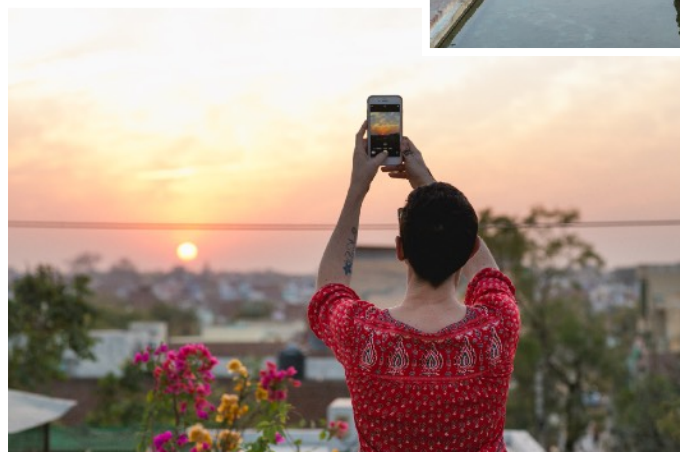
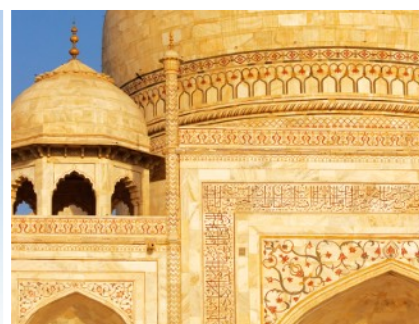


# days eleven - twelve



## Agra, Taj Mahal and the Sheroes Hangout

Traveling by car from Jaipur through the desert plains of Mughal India, we come to Agra, home of one of the world's greatest architectural treasures, the majestic Taj Mahal. This awe-inspiring white marble palace, built by the emperor Shah Jahan as an eternal symbol of love for his departed wife, sits alongside another of India's sacred rivers, the beloved Yamuna. Here we will stay in a beautiful and vibrant bed & breakfast, hosted by a wonderful local family. Meals shared with our gracious hosts are a highlight, while the well-established tranquil gardens are the ideal place in which to relax and do some yoga. Here we will visit the Sheroes Hangout. Nestled right in the middle of the hubbub of Agra's main street, this seriously awesome women's empowerment project is designed to create awareness of acid attack crimes while providing solidarity, optimism and opportunities for victims. During our visit we will get to meet some of the inspirational women behind this project while enjoying a delicious lunch from their "pay as you like" menu. We will conclude our tour of India with one final group dinner, where we will share and reflect on our journey. The following morning, after enjoying a leisurely breakfast, you may depart at your convenience.



# accommodation



As a conscious policy, MAD tours only take small groups to insure the most authentic Indian experience possible. Keeping our groups on the small side also enables us to stay in exclusive accommodation that would otherwise not be possible with a larger group. Our accommodation venues have been carefully selected and pre-visited by our tour guides to ensure quality and “specialness”. Our first night will be spent in Delhi in a clean and modern hotel where we can relax comfortably upon arrival. The following day we head to the beautiful village of Rishikesh, nestled in the bend of the holy river Ganga at the foothills of the Himalayan. Here we stay in a beautiful hotel overlooking the aqua river Ganga and green mountain ranges. Next stop is Agra and two nights spent with a lovely local family in their uniquely decorated garden homestay. Here we will also enjoy a traditional Indian meal with our hosts in their family kitchen. Then, off to Jaipur where we bring in a touch of luxury at our majestic Rajasthani style hotel, decorated throughout with traditional Rajasthani hand painted walls and ceilings. Here we will spend our final night together in the rooftop restaurant being treated to a traditional Rajasthani style dance.





# Making A Difference

What it's actually all about...

Our journey to India is much more than a simple holiday. It is a chance to expand your experience of the world and also yourself. To understand what life and home and work means for many millions of people around the world. To extend the hand of kindness and receive the overwhelming gift of fulfilment in return. Our journey is one of service, love and transformation.

At each of our tour destinations, our group will visit a different local community project or charity that has been carefully hand selected by MAD Tours because of the wonderful ways in which they are changing lives. During our visits you will have the chance meet some of the people who work in these projects, ask questions and see first hand how they are making a difference. You can read more about these projects and how MAD Tours supports them on our website: [www.makeadifferencetours.com/makingadifference](http://www.makeadifferencetours.com/makingadifference)

